

Carolina Carvalho de Ávila

PHD by the Department of Psychiatry, Faculty of Medicine of the Autonomous University of Madrid, with the thesis "Functioning in Bipolar Disorders: A multi-informant approach", with European Mention (2010). Degree in educational psychology and child development from the Faculty of Psychology and Educational Sciences of the University of Porto (2006).

European projects coordinator, project manager and responsible for communication in CIBERSAM – "Centro de Investigación Biometica en Red de Salud Mental", biomedical research network on mental health-Madrid, from 2012.

Human Resources Technique in Spain, SONAE (2010 to 2012), being responsible for the expansion of two badges of this Portuguese company to Spain, as regards training, career progression.

Worked as project manager on the "development of Core Sets of CIF for bipolar disease" in bone tumor board team of Affective Disorders, under the purview of the Department of Psychiatry at the Autonomous University of Madrid, framed in the European Project (Multidisciplinary Research Network on Health and Disability in Europe-MRTN-CT-2006-035794).

Participates in various conferences and publications of which we underline:

- Ayuso-Mateos JL, Ávila C, Anaya C, Cieza, A, Vieta E and the Bipolar Disorders Core Sets Expert Group. Development of the International Classification of Functioning, Disability and Health Core Sets for Bipolar Disorders – Results of an International Consensus Process. *DisabilRehabil.* 2013 Dec; 35(25):2138-46
- **Ávila CC**, Cieza A, Anaya C, Ayuso-Mateos JL. *The Patients' Perspective on Relevant Areas and Problems in the Bipolar Spectrum Disorder: Individual Interviews Using the ICF as a Reference Tool.* *American Journal of Physical Medicine & Rehabilitation* 2012 Feb; 91(13 Suppl 1):181-8
- **Ávila, C.C.** (speaker), Ayuso-Mateos, JL. ICF and ICF Core Sets in Bipolar Disorders. 17th European Congress of Psychiatry (European Psychiatry Association), January 24-29, 2009. Lisbon, Portugal

Specializing as a psychotherapist for children and adolescents, as well as in evaluation and assessment techniques, such as psychological tests (Wechsler Intelligence Scales, Rorschach, TAT, Roberts Apperception Test Scale, Family Relations, Ruth Griffiths Mental development assessment scale, Achenbach, multidimensional assessment systems etc), among other techniques.